

HORARIO CURSO 2025-2026

|             | L                                        |                                                   |                                        |                                                        |                             | M                                          |                                                    |                                                    |                                             |                              | X                                   |                                              |                             |                             |                                                 | J                                           |                                       |                                         |                              |                                             | V                             |                                  |                               |                     |                             | S      |                      |                                         |
|-------------|------------------------------------------|---------------------------------------------------|----------------------------------------|--------------------------------------------------------|-----------------------------|--------------------------------------------|----------------------------------------------------|----------------------------------------------------|---------------------------------------------|------------------------------|-------------------------------------|----------------------------------------------|-----------------------------|-----------------------------|-------------------------------------------------|---------------------------------------------|---------------------------------------|-----------------------------------------|------------------------------|---------------------------------------------|-------------------------------|----------------------------------|-------------------------------|---------------------|-----------------------------|--------|----------------------|-----------------------------------------|
|             | Sala A                                   | Sala B                                            | Sala C                                 | Sala D                                                 | Sala L                      | Sala A                                     | Sala B                                             | Sala C                                             | Sala D                                      | Sala L                       | Sala A                              | Sala B                                       | Sala C                      | Sala D                      | Sala L                                          | Sala A                                      | Sala B                                | Sala C                                  | Sala D                       | Sala L                                      | Sala A                        | Sala B                           | Sala C                        | Sala D              | Sala L                      | Sala A | Sala B               |                                         |
| 09:30-10:00 | Entrenamiento Personal                   |                                                   |                                        |                                                        |                             |                                            | Sevillanas Intermedias Adultos 9:30-10:30          |                                                    |                                             |                              | Entrenamiento Personal              |                                              | 15:30 - 16:30 YOGA          |                             |                                                 |                                             | 9:30-10:30 Sevillanas avanzadas       |                                         |                              |                                             |                               |                                  |                               |                     |                             |        |                      |                                         |
| 10:00-10:30 |                                          |                                                   |                                        |                                                        |                             |                                            |                                                    |                                                    |                                             |                              |                                     | Clase de Baile para Adultos                  |                             |                             |                                                 |                                             |                                       |                                         |                              |                                             |                               |                                  | 10:00-11:00 Baile Adultos     |                     |                             |        | Ballet Mamas e Hijas |                                         |
| 10:30-11:00 |                                          |                                                   |                                        |                                                        |                             |                                            | Flamenco Intermedio Adultos 10:30-11:30            |                                                    |                                             | Pilates Suelo                |                                     |                                              | 10:30 - 11:30 BARRE         |                             |                                                 |                                             | 10:30-11:30 Flamenco Iniciación       |                                         |                              | Pilates Suelo                               |                               |                                  |                               |                     |                             |        |                      | 10:30 - 12:00 Ballet Iniciación Adultos |
| 11:00-11:30 |                                          |                                                   | 11:00 - 12:00 YOGA                     |                                                        |                             |                                            |                                                    |                                                    |                                             |                              |                                     |                                              |                             |                             |                                                 |                                             |                                       |                                         |                              |                                             |                               | ballet fit adultos               |                               |                     |                             |        | Teatro Musical       |                                         |
| 11:30-12:00 |                                          |                                                   |                                        |                                                        |                             |                                            | Sevillanas Intermedias Adultos 11:30-12:30         |                                                    |                                             | Pilates Suelo                |                                     |                                              |                             |                             |                                                 |                                             | 11:30-12:30 Sevillanas Iniciación     |                                         |                              | Pilates Suelo                               |                               |                                  |                               |                     |                             |        |                      |                                         |
| 12:00-12:30 |                                          |                                                   | 12:00 - 13:00 BARRE                    |                                                        |                             |                                            |                                                    |                                                    |                                             |                              |                                     |                                              |                             |                             |                                                 |                                             |                                       |                                         |                              |                                             |                               |                                  |                               |                     |                             |        |                      |                                         |
| 12:30-13:00 |                                          |                                                   |                                        |                                                        |                             |                                            |                                                    |                                                    |                                             |                              |                                     |                                              |                             |                             |                                                 |                                             |                                       |                                         |                              |                                             |                               |                                  |                               |                     |                             |        |                      |                                         |
| 13:00-13:30 |                                          |                                                   |                                        |                                                        |                             |                                            |                                                    |                                                    |                                             |                              |                                     |                                              |                             |                             |                                                 |                                             |                                       |                                         |                              |                                             |                               |                                  |                               |                     |                             |        |                      |                                         |
| 13:30-14:00 |                                          |                                                   |                                        |                                                        |                             |                                            |                                                    |                                                    |                                             |                              |                                     |                                              |                             |                             |                                                 |                                             |                                       |                                         |                              |                                             |                               |                                  |                               |                     |                             |        |                      |                                         |
| 14:00-14:30 |                                          |                                                   |                                        |                                                        |                             |                                            |                                                    |                                                    |                                             |                              |                                     |                                              |                             |                             |                                                 |                                             |                                       |                                         |                              |                                             |                               |                                  |                               |                     |                             |        |                      |                                         |
| 14:30-15:00 |                                          |                                                   |                                        |                                                        |                             |                                            |                                                    |                                                    |                                             |                              |                                     |                                              |                             |                             |                                                 |                                             |                                       |                                         |                              |                                             |                               |                                  |                               |                     |                             |        |                      |                                         |
| 15:00-15:30 |                                          |                                                   |                                        |                                                        |                             |                                            |                                                    |                                                    |                                             |                              |                                     |                                              |                             |                             |                                                 |                                             |                                       |                                         |                              |                                             |                               |                                  |                               |                     |                             |        |                      |                                         |
| 15:30-16:00 |                                          |                                                   |                                        |                                                        |                             |                                            | 15:30 - 16:30 BARRE                                |                                                    |                                             | 15:30 - 16:30 Pilates Suelo  |                                     |                                              |                             |                             | 15:30 - 16:30 Pilates Suelo                     |                                             | 15:30 - 16:30 BARRE                   |                                         |                              | 15:30 - 16:30 Pilates Suelo                 |                               |                                  |                               |                     | 15:30 - 16:30 Pilates Suelo |        |                      |                                         |
| 16:00-16:30 |                                          |                                                   |                                        |                                                        |                             |                                            |                                                    |                                                    |                                             |                              |                                     |                                              |                             |                             |                                                 |                                             |                                       |                                         |                              |                                             |                               |                                  |                               |                     |                             |        |                      |                                         |
| 16:30-17:00 |                                          |                                                   |                                        |                                                        |                             |                                            |                                                    |                                                    |                                             | 16:30 - 17:30 Pilates Suelo  |                                     |                                              |                             |                             |                                                 |                                             |                                       |                                         |                              | 16:30 - 17:30 Pilates Suelo                 |                               |                                  |                               |                     |                             |        |                      |                                         |
| 17:00-17:30 |                                          |                                                   | 17:00 - 18:00 Ballet 6-8 años          |                                                        |                             |                                            |                                                    |                                                    |                                             |                              |                                     |                                              | 17:00-18:00 Ballet 6-8 años |                             |                                                 |                                             |                                       |                                         |                              |                                             |                               |                                  |                               |                     |                             |        |                      |                                         |
| 17:30-18:00 | 17:45 - 18:45 HipHop Competición Baby    | 17:30 - 18:30 D. Urbana / Hip-Hop Medio 7-10 años |                                        | 17:20 - 18:20 Ballet+Flamenco 3-5 años                 | 17:30 - 18:30 Pilates Suelo | 17:30 - 18:30 Ballet Iniciación 5 - 9 años | 17:30 - 18:30 D.Moderna 6-9 años                   | 17:45 - 18:45 Chiquitirritmo 4-6 años              | 17:25 - 18:25 D. Urbana / Hip-Hop 8-11 años | 17:30 - 18:30 Pilates Senior | 17:25 - 18:25 D.Moderna 6-9 años    | 17:30 - 18:30 D. Urbana / Hip-Hop 10-14 años | 17:30 - 18:30 Pilates Suelo | 17:30 - 18:30 Pilates Suelo | 17:30 - 18:30 Flamenco y Sevillanas 5 a 10 años | 17:45 - 18:45 D. Urbana / Hip-Hop 8-11 años | 17:30 - 18:30 B + F 4-6 años Gabriela | 17:30-18:30 Chiquiritmo 3-5 años        | 17:30 - 18:30 Pilates Senior | 17:25 - 18:25 D. Urbana Hip-Hop 9 a 12 años | 17:30 - 18:30 B + F 3- 5 años | 17:30-18:30 Chiquiritmo 3-7 años | 17:30 - 18:30 B + F 6- 9 años | Pilates Embarazadas |                             |        |                      |                                         |
| 18:00-18:30 |                                          |                                                   | 18:00 - 19:00 Ballet+Flamenco 4-7 años |                                                        |                             |                                            |                                                    |                                                    |                                             |                              |                                     | 17:30 - 19:00 B + F 7-11 años                |                             |                             |                                                 |                                             |                                       |                                         |                              |                                             |                               |                                  |                               |                     |                             |        |                      |                                         |
| 18:30-19:00 | 18:45-20:00 Hip-Hop competición Infantil | 18:30 - 19:30 D. Urbana / Hip-Hop 10-14 años      |                                        | 18:20 - 19:50 Flamenco y Sevillanas Intermedio Adultos | 18:30 - 19:30 Pilates Suelo | 18:30 - 20:00 Ballet Medio 10-14 años      | 18:30 - 19:30 D. Urbana / Hip-Hop Medio 12-16 años | 19:45 - 19:45 D. Urbana / Hip-Hop Medio 9- 14 años | 18:25 - 19:25 Claqueé niños                 | 18:30 - 19:30 Pilates Suelo  | 18:30 - 19:30 Sevillanas Iniciación | 18:30 Hip-Hop competición Junior             | 18:30 - 19:30 Pilates Suelo | 18:30 - 19:30 Pilates Suelo | 18:30 - 20:00 Flamenco Intermedio Medianas      | 18:45 - 19:45 D. Urbana / Hip-Hop 9-12 años | 18:30 - 19:30 Hip-Hop 13- 16 años     | 18:30-19:30 Flamenco Iniciación Adultos | 18:30 - 19                   |                                             |                               |                                  |                               |                     |                             |        |                      |                                         |